# Package: cgmanalysis (via r-universe)

March 6, 2025

Title Clean and Analyze Continuous Glucose Monitor Data		
Version 3.0.2		
<b>Description</b> This code provides several different functions for cleaning and analyzing continuous glucose monitor data.		
Currently it works with 'Dexcom', 'iPro 2', 'Diasend', 'Libre',		
or 'Carelink' data. The cleandata() function takes a directory		
of CGM data files and prepares them for analysis.		
cgmvariables() iterates through a directory of cleaned CGM data		
files and produces a single spreadsheet with data for each file		
in either rows or columns. The column format of this		
spreadsheet is compatible with REDCap data upload. cgmreport()		
also iterates through a directory of cleaned data, and produces		
PDFs of individual and aggregate AGP plots. Please visit <a href="https://github.com/childhealthbiostatscore/R-Packages/">https://github.com/childhealthbiostatscore/R-Packages/</a> > to		
download the new-user guide.		
<b>Depends</b> R (>= $4.0.0$ )		
License CC0		
Encoding UTF-8		
RoxygenNote 7.3.2		
<b>Imports</b> ggplot2, parsedate, lubridate, pracma, zoo, pastecs, tools, readxl, readr, XML, MESS		
NeedsCompilation no		
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Repository CRAN		
<b>Date/Publication</b> 2025-02-03 19:30:10 UTC		
Config/pak/sysreqs make libicu-dev libxml2-dev libx11-dev zlib1g-dev		
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cgmreport Generate AGP

# **Description**

This function takes a directory of cleaned CGM data and generates two aggregate AGPs for all of the files combined. One aggregate AGP is produced using Tukey smoothing, and the other uses ggplot's built in LOESS smoothing function. The function also produces an AGP plot with each unique subject plotted individually on the same graph (using LOESS smoothing).

# Usage

```
cgmreport(inputdirectory, outputdirectory = tempdir(), tz = "UTC", yaxis = c(0,400))
```

# **Arguments**

inputdirectory The directory containing all cleaned, formatted CGM data to be analyzed. outputdirectory

The directory where plot PDF files should be written.

tz The time zone in which the data were recorded.

yaxis The range of the yaxis in mg/dL.

## Value

Aggregate and per subject AGP reports based on all of the cleaned CGM data in the input directory.

## **Examples**

```
cgmreport(system.file("extdata", "Cleaned", package = "cgmanalysis"))
```

cgmvariables Calculate CGM Variables

## **Description**

This function takes cleaned CGM data and returns clinically relevant measures (e.g. percent time spent over 140, MAGE, MODD, etc.).

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## Usage

```
cgmvariables(inputdirectory,
outputdirectory = tempdir(),
outputname = "REDCap Upload",
customintervals = list(c(70, 140), c(180, 250), c(250, 400)),
aboveexcursionlength = 35,
belowexcursionlength = 10,
magedef = "1sd",
congan = 1,
daystart = 6,
dayend = 22,
id_filename = F,
format = "rows",
printname = F,
unit = "mg/dL"
)
```

## **Arguments**

inputdirectory The directory containing cleaned CSV files for analysis. outputdirectory

The directory where you would like the results spreadsheet to be written.

outputname

The name of the file containing final CGM variables (without the file extension).

customintervals

A list of custom blood glucose intervals. Minutes and percent time below the lower bound, in the specified range, and above the upper bound are calculated for each interval in the list. Number of excursions below the lower bound and above the upper bound are also calculated for each interval.

aboveexcursionlength

The number of minutes blood sugar must be above threshold to count an excursion

belowexcursionlength

The number of minutes blood sugar must be below threshold to count an excur-

magedef How large an excursion needs to be in order to count in the MAGE calculation

(e.g. greater than 1 standard deviation).

congan CONGA interval in hours.

daystart The numeric hour at which daytime should start (e.g. to start counting day time

at 6:00am, set daystart = 6).

dayend The numeric hour at which daytime should end (this parameter uses military

time, so to stop counting day time at 10:00pm, set dayend = 22).

id\_filename If true, the file name will be used for subject ID rather than the ID contained in

the data.

format Whether observations are in rows or columns.

printname Whether or not to print each file name (for troubleshooting).

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unit

Default unit is mg/dL. Any other value will multiply the "sensorglucose" column by 18 (i.e. the package assumes that unit != "mg/dL" implies that the units are mmol/L). All relevant results are output in mg/dL.

#### **Details**

All files must be saved as a csv, and must have three columns, the first of which contains the subject ID in the first cell and date of CGM placement in the second (see example files). The names of the columns must be "subjectid" "timestamp" and "sensorglucose" (without quotes) respectively. Files can be cleaned and formatted using this package's cleandata() function.

## Value

A data frame containing calculated CGM variables, with each column representing one CGM file.

## **Examples**

```
cgmvariables(system.file("extdata", "Cleaned", package = "cgmanalysis"))
```

cleandata

Clean CGM Data

## **Description**

This function returns cleaned CGM files for analysis. Files must not be edited, and should be saved in the original format. If any files need to be edited manually, please save them in the format specified by the cgmvariables() function. If this function is unable to read your unedited CGM data, it may help to save your data in the format above.

## Usage

```
cleandata(inputdirectory,
outputdirectory = tempdir(),
removegaps = TRUE,
gapfill = TRUE,
maximumgap = 20,
id_filename = F,
verbose = F,
unit = "mg/dL")
```

# **Arguments**

inputdirectory The directory containing CSV files for cleaning prior to analysis. outputdirectory

The directory where cleaned CSV files will be written.

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removegaps	Determines whether the data are cleaned or not. If set to TRUE, any gaps in the data will be removed along with the 24 hours of data containing the gap(s). The tail end of the data will also be trimmed to ensure the timeseries is in discrete 24 hour chunks.
gapfill	If set to TRUE (and if removegaps = TRUE), gaps smaller than or equal to maximumgap will be interpolated rather than removed.
maximumgap	Allows the user to determine the longest data gap (in minutes) that will be interpolated.
id_filename	If true, the file name will be used for subject ID rather than the ID contained in the data.
verbose	If true, each file name will print as the program runs for troubleshooting purposes.
unit	Default unit is $mg/dL$ . Any other value will multiply the "sensorglucose" column by 18 (i.e. the package assumes that unit $!="mg/dL"$ implies that the units are $mmol/L$ ).

# **Details**

Because Diasend data is exported in an Excel document containing multiple tabs, the CGM data must be in the first tab in order to be read effectively.

# **Examples**

```
## Not run:
cleandata(system.file("extdata", "De-identified",
    package = "cgmanalysis"
))
## End(Not run)
```

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